

Preparation



Online Kit Registration

Register online if you have not already done so.

<https://4uhealth.com/register>



Watch the Instruction Video

Scan QR code or visit:

<https://www.youtube.com/watch?v=gDIHkSiRWM&t=5s>

To avoid rejections, follow these points:

- Make sure your test is registered online before it arrives at the lab.
- Patient's name on the Online Registration Form and Urine Biohazard Specimen Bag must match exactly.
- Collect your urine sample from the first stream in the morning and return it on the same day.
- Please refrain from showering, cleansing the genital area, or urinating at least 1 hour before collecting the sample.

Colle-Pee® Component Parts

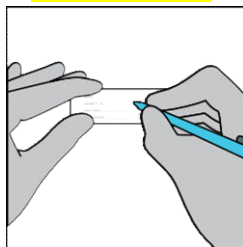


Visual representation of Colle-Pee components.

Specimen Collection Instructions

Follow collection instructions carefully.

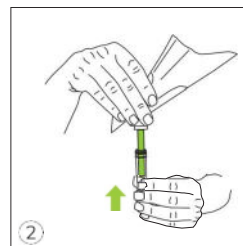
Label Specimen Bag



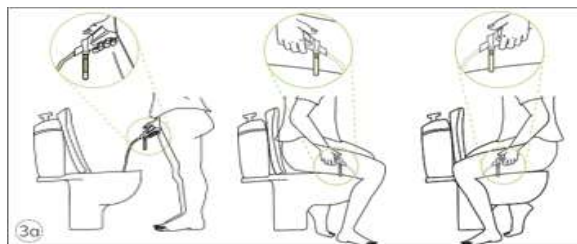
On the biohazard bag, clearly print your Name, Date of Birth, Collection Date, and Collection Time.



1 Unscrew the cap. Do not touch* or spill clear preservative liquid.



2 Push the collector tube on the Colli-Pee® funnel and screw to attach.



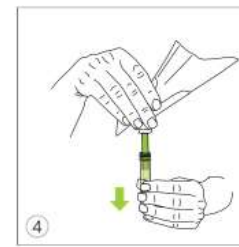
Collect first stream urine: Completely fill the collection tube. The device will automatically collect the correct volume. There is no need to interrupt the urine stream. Excess urine that no longer fits into the collector tube will flow into the toilet via the other end.



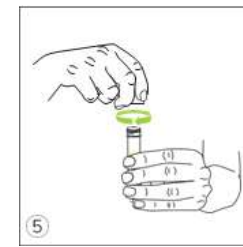
To keep your hand dry, hold the Colli-Pee® by the outside of the funnel so your hand does not touch the excess urine that flows into the toilet.

FILL COLLECTION TUBE UNTIL URINE FLOWS INTO TOILET

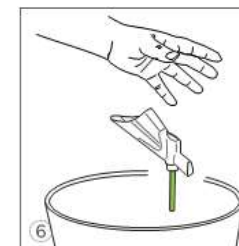
Specimen Collection Instructions Cont.



4 Disconnect (unscrew) the collector tube from the Colli-Pee® funnel.



5 Close the collector tube tightly. Screw tube cap on firmly until you hear an audible click sound.



6 Dispose the Colli-Pee® funnel in the trash then wash your hands.



Shipping

Mail samples same day as collected

1. Place the tightly closed urine tube in the provided biohazard bag.
2. Place biohazard bag back into the 4U Health shipping box. If your STD Kit came with more than one specimen type, please collect your blood and/or swab samples.
3. Once all your specimens are in the 4U Health shipping box, close and insert box into the shipping bag, seal bag, then label bag with return shipping label.
4. **Returning By USPS**
If your return label says USPS, drop in the nearest mailbox or deliver to your favorite post office.

Returning By FedEx

If you purchased expedited shipping with FedEx, drop off at the nearest FedEx dropbox Monday thru Friday:
<https://www.fedex.com/en-us/shipping/dropbox.html>

If shipping on a Saturday, we recommend you visit a FedEx Office location. **Verify your drop-off location offers Saturday service:** <https://local.fedex.com/en-us>